

Physical Education Policies All Grades Alki Middle School

ATTIRE

All students will be required to wear **black athletic style shorts (no cut-offs or jean shorts), a gray T-shirt, and athletic shoes** (soft rubber soles, no black marking soles). **Sweats may be worn in cold weather.**

All students will be issued a lock and locker to keep their equipment in. Students are responsible for securing personal items brought into the locker room. The school will not be responsible for items left unlocked that are stolen. Students will be charged for lost locks or damaged lockers.

All lost and found items will be kept in the P.E. offices; report all lost or stolen items IMMEDIATELY.

GRADING

Students are expected to show certain behaviors daily. Failure to do so will result in a lower unit grade. Expected behaviors include; participation, sportsmanship, attitude, effort, preparedness, cooperation, attentiveness, following rules, being on time, and improvement.

The grading scale will be based at approximately 20% for conditioning, 20% for fun Friday activities, and 60% for unit activities.

Units will include leisure activities, football, soccer, conditioning, fun Friday, wrestling (boys and girls separate), gymnastics, volleyball, basketball, track, softball, and physical fitness testing.

TARDIES

In order for students to participate fully in P.E., they need to bring their attendance lines ready for exercises on time. Each tardy will result in a lowering of grade points.

EXCUSES

If the student is attending school, he/she is expected to participate in P.E. class to the best of their ability. A physician's note is required to be excused for more than one day.